

Regina Road Runners

Flatlanders Road Race

Regina, SK

October 1, 2022

Overall 10km Runner Results

Pace	Over All Rank	Rank In AgeGroup	Sex	Bib Num	Competitor Name	Net Time
Min/Km						
3:50	1	1/11	M	4436	Scott Kiefer	38:17
4:02	2	2/11	M	4463	Lex Ewen	40:17
4:04	3	3/11	M	4469	Matt Badger	40:34
4:22	4	1/12	M	4453	Jackson Sinclair	43:31
4:22	5	1/11	F	4435	Erin Kiefer	43:35
4:25	6	1/7	F	4410	Lorraine Brezinski	44:05
4:32	7	1/6	M	4468	John Svec	45:15
4:36	8	2/6	M	4457	Darryl Brabant	45:58
4:37	9	4/11	M	4445	Kevin Petrychyn	46:03
4:42	10	1/6	F	4470	Bryana Van Leeuwen	46:53
4:53	11	2/12	M	4418	Brady Dean	48:46
4:55	12	5/11	M	4473	Tom Douglass	49:09
4:58	13	3/12	M	4465	Adrian Ventura	49:35
4:59	14	6/11	M	4458	Matt Stephenson	49:42
4:59	15	4/12	M	4455	Anmoaldeep Romana	49:42
5:08	16	5/12	M	4434	Todd Malagride	51:15
	17	7/11	M	4451	Aaron Boodhoo	52:25

5:15					
	18	6/12	M	4443 Caleb Kearley	52:27
5:15					
	19	3/6	M	4460 Murray Koptie	52:53
5:18					
	20	7/12	M	4444 Chase Stewart	53:06
5:19					
	21	1/1	M	4413 Jeff Moon	53:43
5:23					
	22	2/7	F	4416 Regan Seidler	54:26
5:27					
	23	2/6	F	4442 Jaclyn Kearley	54:55
5:30					
	24	2/11	F	4450 Jennifer McConnell-Nzunga	55:13
5:32					
	25	8/12	M	4466 Ibrahim Badmus	56:03
5:37					
	26	4/6	M	4448 Dave Young	56:04
5:37					
	27	3/7	F	4415 Lesley Kitsch	56:13
5:38					
	28	1/3	M	4454 Scott McChesney	56:43
5:41					
	29	3/11	F	4431 Lisa Fay	57:21
5:44					
	30	4/11	F	4425 Raylyne Korzenowski	57:21
5:45					
	31	5/6	M	4428 Milton Calnek	57:39
5:46					
	32	9/12	M	4405 Devansh Someshwar	58:47
5:53					
	33	3/6	F	4426 Jamie Schmidt	1:00:30
6:03					
	34	1/1	M	4446 Doug Renwick	1:00:46
6:05					
	35	10/12	M	4427 Michael Malagride	1:00:51
6:06					
	36	2/3	M	4440 Josh Doyon	1:01:13
6:08					
	37	1/3	F	4438 Laurel Grad	1:02:09
6:13					
	38	3/3	M	4437 Mike Grad	1:02:09
6:13					
	39	4/7	F	4447 Annette Beach	1:02:31
6:16					
	40	8/11	M	4471 Tousif Maknojia	1:04:17
6:26					
	41	11/12	M	4432 Blake Coleman	1:04:39
6:28					
	42	5/11	F	4449 Emily Vallevand-King	1:05:13

6:32					
	43	6/6	M	4472 Dan Bihun	1:05:32
6:34					
	44	9/11	M	4456 Roderick Alberton	1:05:54
6:36					
	45	6/11	F	4420 Sarah Stewart	1:06:14
6:38					
	46	7/11	F	4467 Stephanie Montpetit	1:07:29
6:45					
	47	1/1	F	4461 Helen Flengeris	1:07:58
6:48					
	48	2/3	F	4452 Loretta Stevens	1:08:53
6:54					
	49	3/3	F	4409 Leona Spruyt	1:08:58
6:54					
	50	8/11	F	4459 Nicolle Cowman	1:09:13
6:56					
	51	4/6	F	4417 Samantha Downs	1:09:30
6:57					
	52	9/11	F	4421 Megan McCormick	1:10:38
7:04					
	53	12/12	M	4439 Spencer Hill	1:14:13
7:26					
	54	5/6	F	4419 Manjyot Kapoor	1:15:12
7:32					
	55	5/7	F	4464 Deanne Selinger	1:15:18
7:32					
	56	10/11	F	4433 Brittany Frick	1:17:48
7:47					
	57	6/7	F	4411 Jennifer Kayter-Brezinski	1:22:56
8:18					
	58	10/11	M	4402 Shaye Ruecker	1:25:04
8:31					
	59	11/11	M	4401 Robert Phillipson	1:25:04
8:31					
	60	7/7	F	4408 Julie Pelletier	1:44:44
10:29					
	61	6/6	F	4407 Elodie Louise	1:44:44
10:29					
	62	11/11	F	4406 Emilie Palica	1:44:45
10:29					